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| 1998-Present | <b>Individual, Couple and Family Therapist</b><br><b>Private Practice</b><br><br>-provide brief and long-term therapy to adults, teens, couples, and families<br><br>-use an integrative therapy approach that emphasizes client strengths in an environment of respect and safety |
| 2013-Present | <b>Accredited Family Mediator (OAFM)</b><br><b>Private Practice</b><br><br>-provide therapeutic mediation support to people transitioning to separation and divorce<br><br>-assist couples in creating a parenting plan to assist their family in moving from one home to two.     |
| 2026-Present | <b>Telus Health-Critical Incident Service Provider</b><br><br>-offer in-person and online support to people in the workplace who have witnessed a critical event.                                                                                                                  |
| 2016-2024    | <b>Family Professional (Collaborative Law)</b><br><br>-part of the collaborative team, supporting clients and lawyers in the negotiation process<br><br>-neutral facilitator<br><br>-assist clients in creating a parenting plan                                                   |
| 2000-2002    | <b>Child and Family Therapist</b><br><br>Guthrie and Associates, Brantford, Ontario<br><br>-provided therapy to children, adolescents, and                                                                                                                                         |